



SKIN CARE HISTORY QUESTIONNAIRE

Please answer the following questions so that I may have a better understanding of your general health and lifestyle, thereby enabling me to accurately analyze and assess your skin care needs.

Date ____ / ____ / ____

Name (please print clearly)

Date of Birth ____ / ____ / ____

First _____ Last _____ M.I. _____

Street Address _____ City _____ State _____ Zip _____

Phone _____ E-Mail Address _____

Please check if presently using any of the following? (Please ☒ all that apply.)

- ☐ Accutane ☐ Glycolic Acid/Alpha Hydroxy Acid ☐ Hydroquinone ☐ Topical Vitamin C
☐ Prescription strength topical steroids- Retinoid (Vit. A derivatives), Retin-A, Tazorac, Renova, Differin

Which conditions do you want to improve? (Please ☒ all that apply.)

- ☐ Hyperpigmentation (Brown Spots) ☐ Acne/Acne Scarring ☐ Sun Damage ☐ Enlarged Pores
☐ Fine Lines & Wrinkles ☐ Surgical Facial Scars ☐ Age Spots ☐ Other: _____

Have you ever had an allergic reaction to any skin product or cosmetic? ☐ Yes ☐ No

FEMALE CLIENTS

Are you on hormone replacement therapy? ☐ Yes ☐ No

Are you presently taking birth control pills? ☐ Yes ☐ No

Are you pregnant or planning to be? ☐ Yes ☐ No

ALL CLIENTS

Do you use sunscreen/sun block? ☐ Yes ☐ No

Do you sunbathe or participate in outdoor activities? ☐ Yes ☐ No

Do you have or have ever had acne? ☐ Yes ☐ No

Are you using or have ever used any medications for acne? ☐ Yes ☐ No

Name of medications _____

Have you seen a Dermatologist in the past year? ☐ Yes ☐ No

If yes, list doctors name and reason for visit _____

Are you presently under a doctor's care? ☐ Yes ☐ No

What medications do you take on a regular basis? _____

Have you ever had Herpes (cold sores)? ☐ Yes ☐ No

Have you ever been treated with Zovirax or any medication for herpes? ☐ Yes ☐ No

Do you have Epilepsy, Diabetes, or other auto-immune disorders? ☐ Yes ☐ No

If yes, you will be treated only with a doctor's release!

Are you presently under a physician's care for any reason? ☐ Yes ☐ No

Explain _____

Do you use Bioré or snore strips? ☐ Yes ☐ No



Have you had any of the following? ☐ Yes ☐ No (Please ✓ all that apply.)

☐ Cosmetic Surgery ☐ Laser Resurfacing/IPL ☐ Botox Injections ☐ Chemical Peels ☐ Skin Cancer

☐ Hepatitis ☐ Dermatitis ☐ Keloid Scarring ☐ Dermal Fillers ☐ Other (Specify) _____

Are you allergic to Iodine or Seaweed? ☐ Yes ☐ No

Are you allergic to aspirin? ☐ Yes ☐ No

Do you have any other allergies? ☐ Yes ☐ No

If yes, list: _____

Do you smoke? ☐ Yes ☐ No

Do you take nutritional supplements? ☐ Yes ☐ No

Are you on a diet? ☐ Yes ☐ No

Do you exercise? ☐ Yes ☐ No

Do you wear contact lenses? ☐ Yes ☐ No

Have you had skin treatments (facials) before? ☐ Yes ☐ No

Are you currently having facials? ☐ Yes ☐ No

Have you had electrolysis or waxing in the past week? ☐ Yes ☐ No

Do you have those services done? ☐ Yes ☐ No

Have you had permanent cosmetics? ☐ Yes ☐ No

If yes, where? _____

How is your general health? ☐ Excellent ☐ Good ☐ Fair ☐ Poor

If poor, explain: _____

What skin care products are you currently using? _____

What about your skin you would like to change? _____

Is there any other information I should know before beginning your treatment? _____

RADIO FREQUENCY INFORMED CONSENT

Hi.LDM Perfect is a multi-purpose radio frequency and high focused ultrasound device for treatment of wrinkles and skin tightening.

I understand the results may vary person-to-person and 4-6 treatments spaced out 14 days is recommended to achieve the optimal results. As an exact result cannot be predicted, I acknowledge that no guaranties have been made.

Side effects are rare and can include swelling, minor bumps, and flushed skin.

I confirm that I don't have a pacemaker, internal defibrillator, pregnant, or breast feeding. I do not have a history of epilepsy. I have had the opportunity to ask questions, and these questions have been answered to my full satisfaction.

I have read this entire document.

Client Signature _____ **Date** _____